

# All-Star Gymnastics

## Session V - Summer 2018

July 2nd – August 23rd

(No Classes on Wednesday July 4th & Thursday July 5th)

Session V is held during the summer months when many families also plan camps and vacations, so we have designed Session V classes to be very flexible to work best with your family time.

You can register for the entire session; do just the minimum day requirements or anything in between. You choose. That's what makes our Flexi-Schedule so great! Stop in the office to register or print a Registration Form from the website at [www.all-stargymnastics.com](http://www.all-stargymnastics.com)

### It's as easy as 1-2-3.

1. Select the program that works for your child
2. Choose the day/time that is best
3. Choose the weeks you want to register for

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### Tumble Star Program (ages 3-5)

- \* **Tumble Star Classes** - Through imaginative play and movement exploration, your child will develop physical readiness in a fun, safe and exciting way. Each week has a special theme ie: Beach Party, Pirates, Princesses and Princes and more.  
**Offered on Tuesdays @ 9:15, Wednesdays @ 9:15 or 10:30**  
Tuition for 4 classes (minimum) is \$60.00. - Classes are 60 minutes in length
- \* **“Bright Stars” Gym & Learn Morning** Double the FUN with our Bright Stars Morning which includes a Tumble Star Class, fitness fun, arts & crafts, games, story time and more. Please send a small nutritional snack and a water bottle for your child. (No nut products please)  
**Offered on Tuesday morning from 9:00-11:30**  
Tuition for 2 mornings (minimum) is \$70.00.

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### Class Program (ages 6 and older)

- \* **Girls' Triple Flip** Your daughter will have a full morning at the gym. The morning will include a Gymnastics Class, a Trampoline & Tumbling Class and will end with lots of Ninja fitness fun. Bring a water bottle and nutritious snack (no nut products) and enjoy a morning of gymnastics, fitness and fun!  
**Offered as a 2 Morning per Week Program - either Monday & Wednesday 9:00-12:15 or Tuesday & Thursday 9:00-12:15**  
Tuition for 4 Mornings (minimum) is 190.00.
- \* **Girls' Gymnastics Class** - focuses on beginner to advanced level girls' gymnastics skills and a fitness curriculum to enhance physical development which is vital to participation in all athletic activities.  
**Offered as a 2 Class per Week Program - Monday & Wednesday @ 9:00 or Tuesday & Thursday @ 10:15**  
Tuition for 4 classes (minimum) is \$90.00 - Classes are 75 minutes in length
- \* **Trampoline & Tumbling Class** - for girls and boys who wish to further develop their tumbling and trampoline skills.  
**Offered as a 2 Class per Week Program - Monday & Wednesday @10:30 or Tuesday & Thursday @ 9:00**  
Tuition for 4 classes (minimum) is \$75.00 - Classes are 1 hour in length.
- \* **Ninja Gym** - for girls and boys - Using the foundations of movement and spacial awareness (tossing, jumping, kicking, inversions, balancing, agility etc) children gain a greater fitness level and increased confidence for a lifetime.  
**Offered as a 2 Class per Week Program - Monday & Wednesday @ 11:30 or Tuesday & Thursday @ 11:30**  
Tuition for 4 classes (minimum) is \$60.00 - Classes are 45 minutes in length.
- \* **Open Gym Workout** - 1 hour of gymnastics and tumbling  
**Offered on Tuesdays from July 10th thru August 14th at either 4:00 or 5:00pm.**  
Tuition for 4 classes (minimum) is \$75.00 - all 6 classes just \$100.00
- \* **Early Drop Off @ 8:30 - \$5.00 per day** - Must Sign up for early drop off when registering for classes.